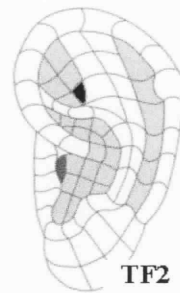
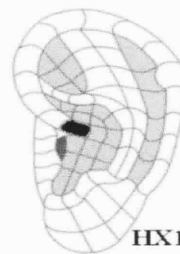
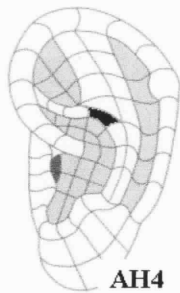
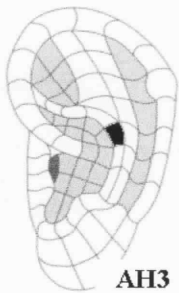
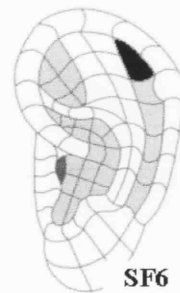
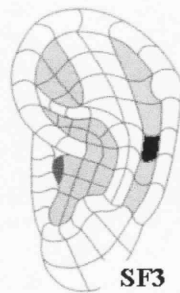
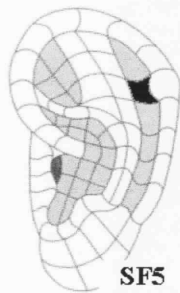
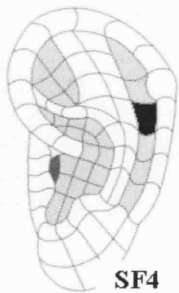
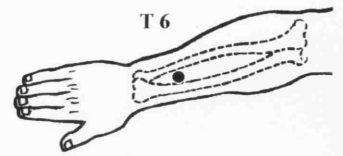
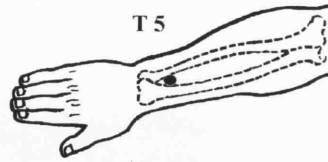
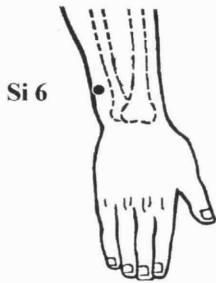
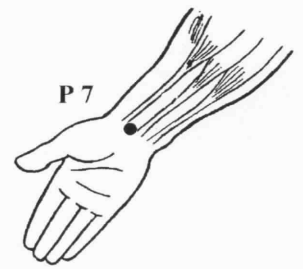
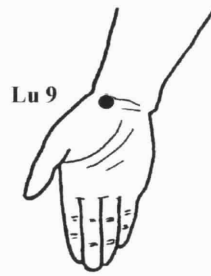
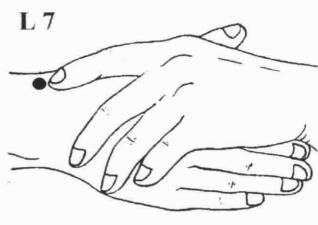
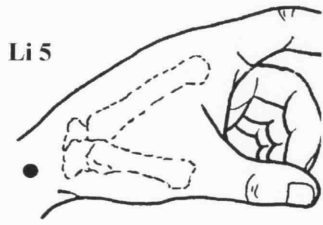


AcuPoint Analysis WRIST PAIN*

Points



AcuPoint Analysis

WRIST PAIN*

(DESCRIPTIONS)

Point	Description
LI05	Over the wrist joint. In the hole formed when hand is bent toward the face.
LU07	On thumb edge of the wrist, 1.5 Cun toward elbow from wrist crease nearest hand. A difficult point to find, but made easier by linking the hands (in picture), find point beneath index finger lying along top of wrist, deep in a small hollow.
LU09	On the crease closest to the hand of the inner wrist, in line with the thumb.
P07	On the most prominent crease of the inner wrist, in line with the middle finger.
SI06	On the outer edge of the forearm 2 cun from the first crease of the wrist.
T04	Near the center of the skin crease on the top of the wrist. This forms a small hollow.
T05	The width of two thumbs above the most prominent crease of the upper wrist, in line with the middle finger. On the outside of the forearm.
T06	3 Cun above the skin crease on the outer side of the wrist in the middle of the forearm.
ESF04	Elbow, Forearm, Sleep Disorders, Insomnia .F Located on the 4th zone of the Scaphoid Fossa.
ESF05	Wrist, Hand, Urticaria Point, Minor Occipital Nerve. Located on the 5th zone of the Scaphoid fossa.
ESF03	Upper Arm, Chinese Shoulder, Appendix 2. Located on the 3rd zone of the Scaphoid Fossa.
ESF06	Fingers, Appendix 1. Skin Disorder Located on the 6th zone of the Scaphoid Fossa.
EAH03	UPPER THORACIC VERTABRAE, HEART .F, MAMMARY GLAND .C
EAH04	LOWER THORACIC VERTEBRAE, LUMBAR VERTEBRAE .C, ABDOMEN
EHX01	Master Point 0, Point of Support, Solar Plexus, Umbilical Cord, Penis, or Clitoris, Sexual Desire, Bosch Point, Diaphragm, Hiccups. Located in a notch at the beginning of the Helix Root. This point brings the whole body toward a state of homeostatic balance
ETF02	Master Point 1, (Shen Men), French Hip, Chinese Shen Men (Divine Gate), Pelvic Cavity, French Wonder Point. Located in the middle of the 2st zone of the Triangular Fossa. This master point alleviates pain, tension, anxiety, and depression.

WRIST PAIN*:

Also: H5 Li1,4,5,11 L6,7,9 Lv14 P7 Si5,6 T4,5,6 B10,20,23,38,51,57,60
 EAR: Wrist (SF 5, PP 7), Forearm (SF 4, PP 7), Hand (SF3,6, AH14, PP9), Thoracic Spine (AH 3, AH 4, PG 3, PG4), Point Zero (HX 1), Shen Men (TF 2), Thalamus Point (CW 2).